



The Royal Training Team Newsletter

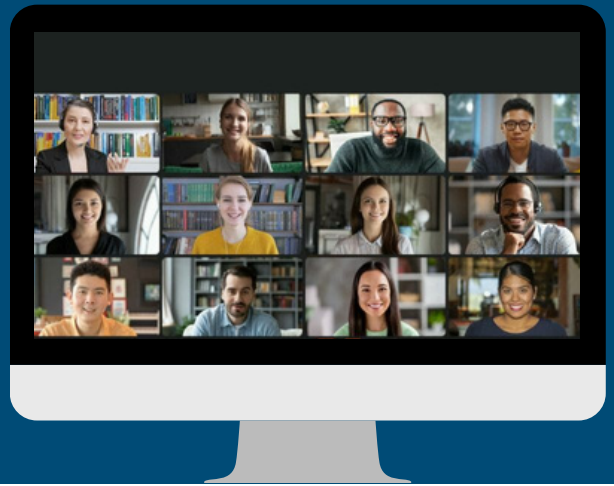
Welcome to the inaugural edition of the Royal Life Saving Trainer Newsletter!

We are excited to launch this new platform to keep you informed, engaged, and connected. Royal Life Saving is the leading water safety, swimming and lifesaving organisation in Australia, and is committed to building community resilience, promoting aquatic accomplishment, and providing quality training programs. This newsletter will serve as a valuable resource, bringing you the latest updates, training tips, success stories, and important announcements.

Together, we can continue to make a significant impact in promoting water safety and emergency care.



PROFESSIONAL DEVELOPMENT VIRTUAL CONFERENCE



SAVE THE DATE - Friday 20 September

Come join us for this exciting and informative event for our trainers. We are committed to advancing knowledge, sharing best practices, and fostering collaboration within our community.

We will be in touch with further details as we finalise the arrangements.

Your participation and contributions are what make our community strong and resilient. Let's dive in and make the most of this unique opportunity to learn, connect, and inspire each other.



TRAINER LIBRARY

We are pleased to announce the upcoming launch of our new Trainer Portal, coinciding with our first Virtual Conference. This portal will serve as a dedicated space for trainers to access resources and free online professional development opportunities.

We're also developing a comprehensive library of materials designed to enhance your skills and keep you current with the latest in emergency care, aquatic training and safety.

In the meantime, more professional development opportunities are available on the RLS website and are FREE.

[Online PD](#)

Select the course you wish to attend and click 'Purchase'.

- ✓ Add the course to your cart and proceed to checkout.
- ✓ Sign in or provide your customer details.
- ✓ Use the promo code RLSTRINERS > Apply
- ✓ Click Continue and Place Order
- ✓ Open the email and commence the learning



Communication Skills

Cost: \$25

Purchase



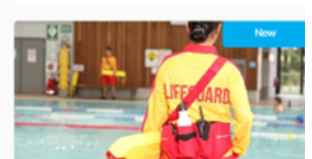
Conflict Management

Cost: \$25

Purchase



Lifeguard Advanced Supervision Skills



Supervision Planning

Stay tuned for more details as we approach the launch date. We are committed to supporting your growth and excellence as trainers and believe this new portal will be a significant step forward in our shared mission to promote water safety and emergency care.

TRAINER PROFESSIONAL DEVELOPMENT POLICY

Trainers and assessors are now responsible for maintaining their ongoing VET and industry professional development and currency. To document this, please complete the Trainer Professional Development and Summary Log and submit it every six months.

Examples of professional development activities include:

- ✓ Participating in internal or external courses, workshops, seminars, and conferences (both through professional development providers and internal RTO programs)
- ✓ Completing a recent VET training product
- ✓ Engaging in learning networks, such as forums hosted by professional associations on vocational training and assessment
- ✓ Reading relevant publications
- ✓ Participating in validation or moderation activities
- ✓ Shadowing or collaborating closely with other trainers and assessors.

[Summary log](#)

PD examples	Points	Evidence
<u>Spotify</u>	5 points for 1 hour	Log/screenshot of when it was accessed
Ongoing paid or voluntary work in relevant industry for skillsets and or units.	50 points	Past rosters Employee logs Letter from employer
Industry workshop, lecture or webinar. ie <u>MRWED</u> Training & Assessment (free)	10 points for 1 hour	Statement of attendance or booking confirmation

[View Policy](#)



COURSES UPDATE



We are thrilled to announce the development of our new Inland Open Water Lifeguard program, a key addition to our ongoing commitment to enhancing water safety training.

This course is designed to equip lifeguards with specialised skills and knowledge to effectively manage emergencies in inland open water environments like lakes, rivers, and reservoirs.

The course is set to launch later this year. Stay tuned for more details as the launch date approaches

NEW COURSE PLATFORM

As part of our ongoing efforts to enhance and streamline our offerings, we will be updating all of our courses with our new branding and transitioning them onto our advanced learning platform, Articulate 360.

The updated branding will ensure a consistent look and feel across all materials, reflecting our commitment to professionalism in water safety education. By transferring our courses to Articulate, we aim to make our training modules more interactive, accessible, and engaging, allowing for a more effective learning experience.

With this transition process we will work hard to ensure a smooth shift with minimal disruption. You can expect to see the newly branded courses on the Articulate platform in the coming months.



CPR/First Aid



PLG PWR



All Swim teacher
courses



Bronze
Medallion

UNIFORMS

To view the RLS/ACT/TAS uniform catalogue please click the link below

To order please contact your state or regional manager.

[View Catalogue](#)

ANAPEN CHANGES

On 1 July 2024, Arrotex pharmaceuticals advised that the sale and distribution of Anapen Junior 150 and Anapen 300 used for the emergency treatment of Anaphylaxis are to cease in Australia.

The decision to discontinue Anapen Junior 150 and Anapen 300 is due to lack of demand for a second brand of adrenaline injector for the 150mcg and 300mcg strengths.

[Read more](#)



TRAINING PARTNERS

As a Registered Training Organisation (RTO), Royal Life Saving (RLS) has arrangements with many of our trainers to conduct training on behalf of third parties who deliver RLS qualifications.

These third-party organisations or individuals enter into a written agreement with RLS to promote and deliver training on behalf of RLS.

RLS review these requests and check the third-party agreement meets regulatory requirements as per the National Vocational Education and Training Regulator Act 2011 and the Standards for RTO's 2015.

RLS is grateful for the training service these Trainers offer ensuring candidates can access these training opportunities and will be increasing its level of support and guidance to these Trainers and organisations in the future.



EXPERT TIPS



Choking – First Aid for infants

If an infant is conscious but has ineffective breathing due to a blockage, and back blows are not effective, administer chest thrusts.

To do this, turn the infant over with their bottom higher than their head, and give up to 5 chest thrusts. A chest thrust involves placing the heel of your hand on the center of the infant's chest (lower half of the breastbone) and pressing hard with a quick thrust. Check after each thrust to see if the blockage is cleared.



Pool Lifeguard Training

Do your Lifeguards undertake their simulated training in their Lifeguard uniforms? Try it next time you conduct a training session and discover what some of the implications are.



NEWS & EVENTS

Join us for our **Aquatic Industry Swimposium Breakfast**, the first event in our six-part summer series, where we will address pressing issues and trends within the aquatic industry.

Date: 13 Sept 2024

Time: 7:00 am – 10:30 am

Address: Cabra-Vale Diggers Club
1 Bartley St, Canley Vale NSW 2166, Australia



SUCCESS STORIES

We'd love to hear about your training journey!

Share your stories with us, and we may feature them in our next edition reneeamidy@royalnsw.com.au

LAKE MACQUARIE HIGH SCHOOL - FIRST AID COURSE

Thank you Tony from the Hunter region Royal Life Saving NSW/ACT/ TAS for delivering a First Aid course to 17 interested stage 5 and 6 students.

Participants learnt about a range of management strategies for both injuries and medical conditions.

Students were also taught correct and up to date CPR techniques and displayed these as part of their final assessment.

The First Aid qualification is a great addition to add to your resume.

A water way for life. . . .



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Royal Life Saving is the world's leading authority in water safety, seeking to establish broad community resilience and aquatic prosperity. We deliver innovative programs, products and services to ensure all Australians enjoy a water way of life.

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drowningprevention.org.au